

PSHE Policy

January 2012



Date Reviewed	January 2012
Signature	
To be Reviewed	October 2016

Our personal, social and health education (PSHE) programme promotes children's personal, social, moral and spiritual development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding that they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens as well as members of their local and wider community. Children are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school. They learn to recognise their own worth, developing both self-esteem and self-respect, and how to stay safe and healthy. They also learn to respect others and to recognize and value diversity and differences. In addition, our curriculum provides the children with an understanding of basic economic and environmental issues and equips them with the skills that they need as both individuals and members of the wider world.

At Ilfracombe Church of England Junior School, we regard PSHE and Citizenship as an important, integral component of the whole curriculum. We believe strongly in respecting ourselves, our school, our environment, and others; and as such, 'Respect' forms the foundation upon which we build all our learning. PSHE is given time as part of the wider curriculum and is explicitly taught in lessons. These take place with a different theme related to the planned PSHE curriculum. Each PSHE lesson addresses key topics and issues. These are derived from the curriculum created by the PSHE Association and are differentiated according to different year groups, abilities and individual needs. Our curriculum is divided into half termly blocks which are based around a particular theme. Each theme reflects one of the seven principles.

These are:

Relationships

Everyone Matters

Safety

People

Equality

Community

Tolerance

These principles are a key feature of school life. We believe PSHE is an integral part of all lessons and life in our school and community.

The Curriculum

During key stage 2 Children learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities. They become more mature, independent and self-confident. They learn about the wider world and the interdependence of communities within it. They develop their sense of social justice and moral responsibility and begin to understand that their own choices and behaviour can affect local, national or global issues and political and social institutions. They learn how to take part more fully in school and community activities.

As they begin to develop into young adults, they face the changes of puberty and transfer to secondary school, and our curriculum provides them with the skills to do so with confidence. They learn how to make more informed choices about their health and environment; to take more responsibility, individually and as a group, for their own learning; and to resist bullying.

Our curriculum teaches the children to:

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and well-being.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.
- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.
- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

Curriculum Organisation PSHE and Citizenship will be delivered as follows:

- Termly through planned units of work delivered through lessons and/or circle time.
- The main planned focus will be appropriate to the children at whatever stage of their primary life and curriculum coverage will ensure progression
- Throughout KS2 varying aspects of PSHE will be addressed at different times. All of the PSHE curriculum will not be delivered in one year. It is recognised that certain areas will need to be delivered each year or each term as appropriate e.g. making of class rules, the Respect Yourself Transition programme for year six pupils.
- By visiting speakers or through visits out of school. At this time all speakers will work with the class teacher

- As with all other areas of the curriculum PSHE in the classroom will be delivered through a range of strategies e.g. whole class or group discussion, circle time, videos, recorded work, drama etc.
- Cross- curricular links will be made whenever possible and identified in planning. The main curriculum area being studied will be evident in recorded work.
- Evidence of PSHE will be in a variety of forms e.g. photographs as well as written work. The very nature of PHSE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgement in this. Relationships at Ilfracombe Church of England Junior School are based on an atmosphere of trust.

Parents are kept informed of their children's learning and advised of any sensitive areas which classes may be addressing, in particular those concerning sex education. Parents have the right to request that their children are withdrawn from some lessons and permission is always sought before Sex Education lessons are undertaken. We encourage parents to be fully involved in their children's learning and invite parents in to attend festivals, assemblies and open learning celebrations in which social, moral, spiritual and cultural learning and achievements are celebrated.

Our PSHE policy and curriculum is subject to regular review and, as such, reflects the constantly changing world in which our children live.